

Meet Elena, a vibrant dance teacher deeply passionate about education. With a commitment to fostering creativity and inspiring young minds, she is thrilled to launch Dance and Drama lessons to the wonderful children of *Mulberries and Willows Nursery and Preschool*. Through these lessons, children will explore the marvellous world of movement, enhancing their rhythm, strength, coordination and overall language acquisition.



Elena's own dance journey commenced at the age of 5, sparking a lifelong passion that led her to prestigious heights. She earned her *BA (Hons) in Ballet Education* and became a Registered Teacher of the *Royal Academy of Dance (RAD)*, a testament to her talent and dedication. Further enriching her expertise, she pursued an *MA in Dance Cultures* at the *University of Surrey*, graduating with Distinction.

Professional Journey

For the past decade, Elena has had the privilege of teaching dance to students from diverse backgrounds. Her experience spans various settings, from nurseries and prep schools to advanced ballet classes and adult ballet. Whether guiding students through Graded or Vocational examinations, choreographing for performances, or mentoring aspiring teachers of the Royal Academy of Dance, her focus has always been on fostering a deep love for dance.

Passions Beyond Dance

Beyond the dance studio, Elena enjoys immersing herself in the world of literature, actively participating in book clubs, and exploring the wonders of travel. One of her cherished recent adventures involved traversing the iconic Route 66, an expedition that taught her the value of exploration and embracing new experiences.

In Her Own Words:

"I believe in the transformative power of dance and the magic of storytelling. My teaching philosophy revolves around flexibility and a student-centred approach, creating an atmosphere where all types of learners can thrive. Witnessing the creative process that takes place in each dance class, I aspire to inspire each student to embrace the physical, emotional, and social benefits that dance so generously offers."

